

## Café Exit is located



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### Counselling

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### Music and culture

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### Bike project

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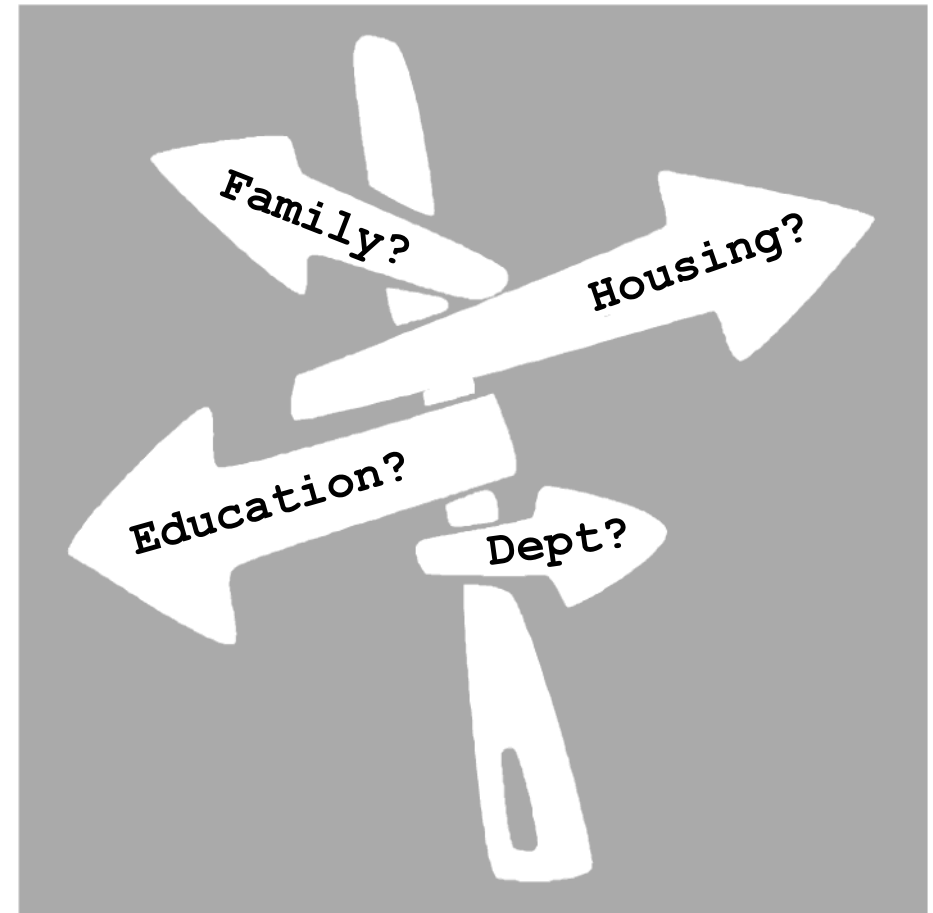
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# Café Exit

From inmate to outstanding



## Plans for the future?



## What is Café Exit?

- Café Exit is an organization offering several kinds of support to inmates and ex-inmates who want to make a new beginning after imprisonment.
- You can connect with Café Exit already in prison- and continue the contact after your release.

## Many barriers

You will have to make new choices and make efforts, if you do not want to return to your old “mates” and criminal career. Debt, no education and maybe addiction can be huge barriers on the road to a new lifestyle and a new kind of job. Maybe you lost the relationship to your family – and maybe you need a place to live.

## What can Café Exit do for you?

Café Exit has different kinds of assistance to offer, and we want to support you to move on, if you decide to make a new beginning.

If you want a life without crime it’s not just about getting a job and a place to live. It takes time to make new friends, build up a network and learn new ways to handle conflicts. It’s about taking responsibility for your life – and handle the challenging life gives you, without falling back into old patterns.

This is where Café Exit can help you.

In Café Exit we help and support you from where you are in your specific situation – and the starting point is your dreams and possibilities. From there we support you to develop realistic plans for the future. You will be in contact with the same person from the staff member every time, and this person will guide you make use of the kinds of assistance you need.

## Café Exit is there during imprisonment:

While you are under arrest or imprisonment we offer:

- Visit from an Café Exit staff member who knows about options for jobs or education during while you imprisonment.
- Visit from a social worker from Café Exit, who can give you advice on debt counseling, on how to get a place to live and how to build up new network.
- Visit from an mentor – a volunteer, who will support you after your release.
- If you are serving a sentence, you can apply for access to Café Exits cultural events.

(All visits by Exit employees will be on lawyer conditions – in private)

## Café Exit is there after release

After your release you can continue the contact with Exit and get advice on job, education and much more. The mentor can for example join you in appointments with social security office or the bank.

In Copenhagen Café Exit includes:

- Counselling on job, education, housing and economy
- Dept counselling
- Cultural events
- Monday club – fellowship with dining for ex-inmates and volunteers.
- Women’s club for inmates, ex-inmates and volunteers. Fellowship with creative activities and dining. Women only.

Website: [www.cafeexit.dk](http://www.cafeexit.dk)